

Adolescent Health Care

San Francisco, CA • May 31 – June 2, 2012

Preconferences: May 31

Adolescent Sports Medicine

Everything You Should Know About Teen Mental Health ...

NEXPLANON®(etonogestrel implant) Clinical Training



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(see page 10 for details)

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Adolescent Health Care

Highlights and Benefits

Adolescence... a time of exploration, experimentation and striving for independence. As clinicians who care for adolescents, we have unique opportunities to make a difference in their health and their lives by being creative, flexible and open in the care we provide. The 11th annual **Adolescent Health Care** conference, will address key clinical and psychosocial issues affecting teens and will provide you with tools and skills to meet the needs of your adolescent patients and their families.

Designed for MDs, NPs, PAs, CNMs, RNs, psychologists and social workers from a variety of practice settings, this conference features leading experts in the field of adolescent medicine. Practical approaches to prevention, diagnosis and management of common and complex adolescent health problems will be addressed, as well as strategies for working with teens and their parents to modify risk-taking behavior.

Why This is a Must-Attend Event:

- ▶ **Three dynamic Preconferences** focusing on hot topics in adolescent care: *Sports Medicine, Mental Health Issues, and NEXPLANON® Training.*
- ▶ A number of **compelling issues** you deal with daily, presented in a variety of teaching formats, including didactic sessions, faculty panels, concurrent sessions and interactive case study discussions for learning from the experts and your colleagues.
- ▶ A **Roundtable Luncheon with the Faculty** for discussing cases and those burning questions you have about clinical and psychosocial issues you face in your work with teens.
- ▶ Opportunities for **interaction with dynamic** leaders in the field of adolescent care.
- ▶ Time to share ideas, problem-solve **and build professional relationships** with colleagues from across the nation.

Plan now to join your colleagues and the faculty for what is certain to be an outstanding educational experience and one which will make a difference in the care you provide your adolescent patients.

See you there!

Barbara Staggers, MD, MPH, FAAP
Conference Chair
Children's Hospital and Research Center
Oakland, California

Erica Monasterio, MN, RNC, FNP
Program Consultant
University of California San Francisco
San Francisco, California

Kathryn Clayton, MSN, MBA, ALNC
Program Manager
Contemporary Forums



Conference Objectives

This program will enable the experienced clinician to better:

- ▶ Examine challenges and controversies related to contraceptive management for adolescents.
- ▶ Explore clinical management of a variety of common and complex adolescent conditions including eating disorders, STDs and internet-based interventions, obesity, unplanned pregnancy, skin conditions, male genito-urinary problems, substance abuse, and GYN problems.
- ▶ Describe the impact of media on teen sexual expectations and behavior.
- ▶ Discuss adolescent sexual health from a developmental perspective, highlighting strategies for improving communication and reducing risk-taking behaviors.
- ▶ Develop office-based prevention and counseling strategies which improve the health and psychosocial well-being of adolescents.

Exhibits

We are inviting a group of companies and organizations with professionally relevant products, services or career opportunities to exhibit at this conference. The schedule provides time for you to address your particular areas of interest at each exhibit. For exhibit space availability or additional information:

Call the Exhibitor Information Line: (925) 361-4807

Email: exhibits@cforums.com

Visit: www.ContemporaryForums.com/en/Exhibitors

Who Should Attend?

If you are a...

- ▶ Adolescent Medicine Specialist
- ▶ Certified Nurse-Midwife
- ▶ Clinic, Office or Hospital Nurse
- ▶ Family Practice Physician
- ▶ Pediatrician
- ▶ Physician Assistant
- ▶ Nurse Practitioner
- ▶ School Nurse
- ▶ School or Clinical Psychologist
- ▶ Social Worker
- ▶ Women's Health Physician
- ▶ Anyone else providing health care for adolescents ...

..... ***this conference is for you!***

Email Updates

If you are not currently receiving Online CE Library or conference information and updates via email, please go to www.ContemporaryForums.com/en/Email-Updates/. You will then be notified of all conferences as soon as they are announced as well as have access to special promotions. All email addresses are for Reed Elsevier use only. Contemporary Forums is a division of Reed Elsevier.

A Certificate of Attendance will be available online after you complete the course requirements, enabling you to register your credit with the appropriate licensing boards or associations. To apply for credit not listed below, use the procedure established by the specific organization.

Physicians

Preconference A: 5 credits

Preconference B: 6 credits

Preconference C: No credit

Main Conference: 12.75 credits

Roundtable Luncheon with the Faculty: 1 credit

Contemporary Forums is accredited by the **Accreditation Council for Continuing Medical Education** to provide continuing medical education for physicians. Contemporary Forums designates this Live Activity for a maximum of 19.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please call Contemporary Forums regarding continuing medical education credit for pediatricians.

In accordance with CA Assembly Bill No. 1195, conference faculty have been advised to include content related to cultural and linguistic competency in the practice of medicine within their presentations, where appropriate.

Nurses and Nurse Practitioners

Preconference A: 5 ANCC / 6 CA BRN contact hours

Preconference B: 6 ANCC / 7.2 CA BRN contact hours

Preconference C: No credit

Main Conference: 12.75 ANCC/15.3 CA BRN contact hours

Roundtable Luncheon with the Faculty: 1 contact hour

Contemporary Forums is accredited as a provider of continuing nursing education by the **American Nurses Credentialing Center's Commission on Accreditation**.

Contemporary Forums is approved by the **California Board of Registered Nursing**, Provider #04516.

(CA BRN contact hour = 50 minutes)



This program is approved for a maximum of 19.75 NAPNAP contact hours (5 contact hours - Preconference A, or 6 contact hours - Preconference B, 12.75 contact hours - Main Conference, 1 contact hour - Roundtable Luncheon) of which a maximum of 6.4 contain pharmacology (Rx) content per the **National Association of Pediatric Nurse Practitioners (NAPNAP) Continuing Education Guidelines**. Contemporary Forums, NAPNAP Approved Provider, Agency #12.

Pharmacology Credit for Prescriptive Authority

Preconference A: No credit

Preconference B: 1.65 hours

Preconference C: No credit

Main Conference: 4.75 hours available

Rx indicates pharmacology content. Because states' requirements vary, contact your Board of Nursing for more information.

Physician Assistants

Preconference A: 5 hours

Preconference B: 6 hours

Preconference C: No credit

Main Conference: 12.75 hours

Roundtable Luncheon with the Faculty: 1 hour

The **American Academy of Physician Assistants** accepts Category 1 CME approval from organizations accredited by the ACCME to grant Category 1 hours toward the Physician's Recognition Award. PAs may report up to the listed hours of credit.

Psychologists

Preconference A: 5 hours

Preconference B: 6 hours

Preconference C: No credit

Main Conference: 12.75 hours

Roundtable Luncheon with the Faculty: 1 hour

Contemporary Forums is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Contemporary Forums maintains responsibility for this program and its content.

Social Workers/Marriage, Family & Child Counselors

Preconference A: 5 CE credit hours

Preconference B: 6 CE credit hours

Preconference C: No credit

Main Conference: 12.75 CE credit hours

Roundtable Luncheon with the Faculty: 1 credit hour

This conference has been approved by the **Washington Chapter, National Association of Social Workers (NASW)** for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors, Provider #1975-148.

This course meets the qualifications for continuing education credit hours for Marriage, Family & Child Counselors and/or Licensed Clinical Social Workers as required by the **California Board of Behavioral Sciences**, Provider #PCE771.

Conference Faculty

Martin M. Anderson, MD, MPH

Professor of Clinical Pediatrics
Director, Adolescent Medicine Program
David Geffen School of Medicine at the
University of California Los Angeles
Los Angeles, California

Heidi Bauer, MD, MPH

Chief, Office of Program Development and Evaluation
STD Control Branch, California Department
of Public Health
Richmond, California

Christopher F. Bolling, MD, FAAP

Voluntary Associate Professor of Pediatrics
University of Cincinnati College of Medicine
Cincinnati, Ohio
Physician, Pediatric Associates, PSC
Crestview Hills, Kentucky
Obesity Chair, Kentucky Chapter of
the American Academy of Pediatrics
Program Chair, American Academy of Pediatrics
Provisional Section on Obesity

Claire D. Brindis, DrPH

Professor of Pediatrics and Health Policy
Director, Bixby Center for Global Reproductive Health
Director, Phillip R. Lee Institute for Health Policy Studies
University of California San Francisco
San Francisco, California

Melanie Deal, MSN, WHNP-BC, FNP

Nurse Practitioner, San Francisco State University
Student Health Services
San Francisco, California
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California STD/HIV Prevention Training Center
Oakland, California

Joyce Dorado, PhD

Associate Clinical Professor
Project Director, UCSF HEARTS
Director of Clinical Research and Evaluation
Child and Adolescent Services, Department of Psychiatry
University of California San Francisco General Hospital
San Francisco, California

Andrew J. Giammona, MD

Division Director, Mental Health & Child Development
Children's Hospital and Research Center
Oakland, California

Neville H. Golden, MD

The Marron and Mary Elizabeth Kendrick
Professor in Pediatrics
Stanford University School of Medicine
Chief, Division of Adolescent Medicine
Lucile Packard Children's Hospital at Stanford
Palo Alto, California

Paula Hillard, MD

Professor, Department of Obstetrics and Gynecology
Chief, Division of Gynecologic Specialties
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Stanford University School of Medicine
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Deb Levine, BSW, MA

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Internet Sexuality Information Services, Inc.
Oakland, California

Susan L. Lewis, MD

Associate Director
Women's and Pediatric Sports Medicine
Staff Orthopaedic Surgeon
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Erin Mathes, MD

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San Francisco, California

Erica Monasterio, MN, RNC, FNP

Program Consultant

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Caitlin Ryan, PhD, ACSW

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Sharon Schnare, MSN, FNP, CNM, FAANP

Affiliate Instructor, Department of Family and Child Nursing
University of Washington Seattle School of Nursing
Seattle, Washington

Barbara Stagers, MD, MPH, FAAP

Conference Chair

Director of Adolescent Medicine
Director of Health Professions Internship Partnership
Children's Hospital and Research Center
Oakland, California

Victor C. Strasburger, MD

Chief, Division of Adolescent Medicine
Professor of Pediatrics
Professor of Family and Community Medicine
University of New Mexico School of Medicine
Albuquerque, New Mexico

Ronald L. Valmassy, DPM

Podiatrist, Center for Sports Medicine
Saint Francis Memorial Hospital
San Francisco, California

Thursday, May 31

Adolescent Sports Medicine

Over use injuries, overtraining, and burnout among adolescent athletes is a growing problem. Sports injuries in adolescents are different than adults. Whether you are “on the field” when a sport injury occurs or are evaluating a post-injury teen in your office or clinic, this dynamic Preconference will help you improve your diagnostic skills and management of adolescents with sports injuries.

This Preconference will enable you to:

- ▶ List common foot injuries and recommended management.
- ▶ Explore key signs and symptoms of head injury and how to reduce risk of re-injury.
- ▶ Examine the key components for physical examination of the foot, shoulder and knee.
- ▶ Describe symptoms of shoulder overuse and list treatment modalities.
- ▶ Discuss the progression of head injury symptom resolution and clinical evaluation for returning a player to active participation in sports.

7:00 a.m.	Preconference A Registration
8:00	Triaging Common Knee Injuries Susan L. Lewis, MD
8:45	The Overused Shoulder Susan L. Lewis, MD
9:30	Refreshment Break
9:45	Common Sports Injuries: Examination Techniques for the Shoulder and Knee Susan L. Lewis, MD
10:30	Common Foot and Ankle Injuries: Recommended Management Ronald L. Valmassy, DPM
11:15	Questions and Discussion Faculty Panel
11:45	Lunch on Your Own
1:00 p.m.	Common Sports Injuries: Examination Techniques for the Foot and Ankle Ronald L. Valmassy, DPM
1:45	Staying in the Game: Triaging Head Injuries Susan L. Lewis, MD
2:30	Questions and Discussion Faculty Panel
3:00	Adjourn

Thursday, May 31

Everything A Primary Care Provider Should Know About Teen Mental Health ... But Couldn't Find A Child and Adolescent Psychiatrist to Ask!

Andrew J. Giammona, MD

Join Board Certified Child and Adolescent Psychiatrist, Dr. Andrew Giammona, for a day focused on teens with mental health issues. In a lively, interactive format, Dr. Giammona will discuss a wide variety of topics that will enhance your ability to accurately diagnose and effectively treat these adolescents. Dr. Giammona will present the most recent evidence-based studies and best practices and will include clinical vignettes from both his hospital-based inpatient and outpatient practices. You will walk away with practical tips, useful tools, and sound strategies that will help you deal with the increasing mental health challenges that teens face in society today.

This Preconference will enable you to:

- ▶ Identify common stressors teens face in today's society.
- ▶ Through a case-based approach, learn evaluation and treatment strategies for adolescents with depression, bipolar disorder or ADHD.
- ▶ Examine the appropriate use of psychopharmacology for selected conditions.
- ▶ Describe therapeutic approaches for working with teens with mental health issues.

7:00 a.m.	Preconference B Registration
8:00	<ul style="list-style-type: none"> • Teen Culture and Mental Health in Today's Society • Teen Depression and Suicide: Assessment and Interventions that Really Work (1x = .25 hr.) • Psychopharmacology for Teens: What Are the Clinical Needs and Issues? (1x = .75 hr.)
11:30	Lunch on Your Own
1:00 p.m.	<ul style="list-style-type: none"> • Bipolar Disorder in Teens: Three Teens and Their Stories (1x = .25 hr.) • ADHD in Teens: Who is Driving the Symptom Bus? (1x = .5 hr.) • Internet Addiction: Does It Exist or Is It Simply Part of Teen Culture?
3:30	Adjourn

Thursday, May 31

**NEXPLANON®
(etonogestrel implant) Clinical
Training**

2:00 - 5:00 p.m.
(Registration Check-in: 1:30 p.m.)

*This training is limited to 50 participants. Register early!
This session will reach capacity quickly!*

During the Clinical Training Program for NEXPLANON® (etonogestrel implant) you will receive hands-on training for insertion and removal procedures as well as implant localization techniques. Completion of this course will allow you to order the product from authorized distributor(s).

This session, which is sponsored by Merck, is not accredited for continuing education credit. The training is open only to advanced practice clinicians with furnishing numbers or prescribing privileges in their state. It is Merck's policy to verify all clinicians' practice, license, and eligibility information in advance of the training. Merck will contact you directly if there is a problem. Attendees are expected to attend the entire training which is approximately 3 hours in duration. Certificates of attendance will not be issued to those who arrive late or leave early.

WOMN-1006660-0000 12/11



Friday, June 1

- 7:00 a.m. Main Conference Registration ▪ Exhibits
- 8:00 **Goals for Adolescent Health Care for 2012**
Barbara Staggers, MD, MPH, FAAP
- 8:15 **Sex, Sex and More Sex: Oh, Did I Mention Sex? Adolescents, Sex and the Media**
Victor C. Strasburger, MD
- 9:15 **The Changing Face of Eating Disorders** (Rx = .25 hr.)
Neville H. Golden, MD
- 10:00 Refreshments ▪ Exhibits
- 10:30 **Adolescent Contraception: Controversies and Challenges** (Rx = .75 hr.)
Paula Hillard, MD
- 11:15 **Questions and Discussion**
Faculty Panel
- 11:45 **ROUNDTABLE LUNCHEON WITH THE FACULTY**
Join your colleagues and faculty members for lunch and an interactive discussion of hot topics in adolescent health care. Each table will feature a faculty member who will facilitate discussion on a particular topic, such as dating violence, GYN disorders, contraceptive management, eating disorders, gender identity, risk behavior and more. Bring interesting cases and questions and come prepared to be part of a dynamic, problem-solving discussion. (Attendance is optional and requires a reservation. Cost of the luncheon is \$55 and CE credit will be awarded. Register early since space is limited.)
- 1:00 p.m. **Health Care Reform and Adolescents and Young Adults: Implications for the Family Planning Community**
Claire D. Brindis, DrPH
- 1:45 **Male Genitourinary Problems** (Rx = .25 hr.)
Martin M. Anderson, MD, MPH
- 2:30 Refreshment Break ▪ Exhibits
- 3:00 **Lumps, Bumps, Rashes: You Make the Call!**
Erin Mathes, MD
- 3:45 **Controversies in Treating Adolescent Obesity: When is Surgery an Option?**
Christopher F. Bolling, MD, FAAP
- 4:30 **Questions and Discussion**
Faculty Panel
- 5:00 Adjourn

Main Conference Schedule continued on page 8.

Saturday, June 2

During each Concurrent Session, 4 topics are presented simultaneously in separate rooms. Sessions are limited in size and choices are assigned in the order registrations are received. Indicate your selections on the Registration Form.

7:00 a.m. Exhibits

8:00 CONCURRENT SESSIONS #1

- #11 **Is It “Real” or Psychosomatic? Interesting Cases**
Victor C. Strasburger, MD
- #12 **Complex Trauma in Adolescents: Effectively Identifying and Addressing Psychological Trauma in a Medical Setting**
Joyce Dorado, PhD
- #13 **Tanning, Mole Checks, and Promoting Healthy Skin in Teens**
Erin Mathes, MD
- #14 **Motivational Interviewing and Adolescents: Melding Respect and Compassion**
Sharon Schnare, MSN, FNP, CNM, FAANP

9:15 Refreshment Break • Exhibits

9:45 CONCURRENT SESSIONS #2

- #21 **Obesity Management in Teens: Making the Connection**
Christopher F. Bolling, MD, FAAP
- #22 **Adolescent Pregnancy Prevention: New Research Findings that Impact Your Practice** (1x = .25 hr.)
Claire D. Brindis, DrPH
- #23 **Internet-Based STD Interventions with Youth**
Deb Levine, BSW, MA
- #24 **Menstrual Suppression in Teens with Medical Problems** (1x = .75 hr.)
Paula Hillard, MD

11:00 Session Change



11:15 CONCURRENT SESSIONS #3

- #31 **Piercing, Tattoos and Teens ... Oh My!**
Sharon Schnare, MSN, FNP, CNM, FAANP
- #32 **Challenging Cases in Young Men's Health**
Martin M. Anderson, MD, MPH
- #33 **Contraceptive Management for the Adolescent: Case Studies** (1x = 1 hr.)
Melanie Deal, MSN, WHNP-BC, FNP
- #34 **Teen Dating and Sexual Assault: What's Really Going On?**
Barbara Staggers, MD, MPH, FAAP

12:30 p.m. Lunch on Your Own

1:45 CONCURRENT SESSIONS #4

- #41 **Cases in Adolescent Health Risk Behavior**
Erica Monasterio, MN, RNC, FNP
- #42 **HPV: What You Need to Know for Care of Your Adolescent Patients**
Melanie Deal, MSN, WHNP-BC, FNP
- #43 **Cases in Abnormal Pubertal Growth** (1x = .25 hr.)
Barbara Staggers, MD, MPH, FAAP
- #44 **The Asthmatic Teen: How to Manage and When to Refer**
Martin M. Anderson, MD, MPH

3:00 Refreshment Break

3:15 CONCURRENT SESSIONS #5

- #51 **Protecting Sexual and Reproductive Health: Screening, Diagnosis and Management of Sexually Transmitted Infections** (1x = .25 hr.)
Heidi Bauer, MD, MPH
- #52 **The Female Athlete Triad: Osteoporosis Prevention in Adolescent Females** (1x = .25 hr.)
Neville H. Golden, MD
- #53 **Substance Use Disorders: How You Detect These and What Do You Do?** (1x = 1 hr.)
Erica Monasterio, MN, RNC, FNP
- #54 **The Clinical Role of Families on Decreasing Risk and Promoting Well-Being for LGBT Youth**
Caitlin Ryan, PhD, ACSW

4:30 Adjourn

SAN FRANCISCO

San Francisco ... There is so much to see and do! Explore **Fisherman's Wharf** with the frenetic energy of fishing boats, street performers and artists. **Pier 39** is an extravaganza of shops and restaurants, where you'll be amazed at the antics of hundreds of sea lions frolicking in the sun. From here you can hop on a cable car and take in sweeping views of the bay, **Alcatraz** and the **Golden Gate Bridge**.

You won't want to miss **Golden Gate Park** and its gems, the **de Young Museum**, a state-of-the-art facility that integrates art, architecture and the natural landscape, and the brand new **California Academy of Sciences**, an intriguing combination of aquarium, planetarium, natural history museum and rain forest – all under one roof! Spend some time in **Chinatown** where fish markets, tea and herb shops, and exotic produce stalls spill onto the street, or **North Beach**, the Italian quarter, where you can join locals at an outdoor café for espresso and pastry or wander in and out of the tempting delis, bakeries and pasta houses. Your trip to San Francisco would not be complete without a shopping spree and this city offers many opportunities for that! From the delightful boutiques of **Union and Chestnut Streets** to the designer shops on **Union Square**, you will not be disappointed.

Take in a **San Francisco Giants game** at **AT&T Park**, home of the 2010 World Series Champions! With its breathtaking views and classic design, **AT&T Park** was chosen as the 2008 Sports Facility of the Year by Sports Business Journal and Sports Business Daily as part of the inaugural Sports Business Awards program.

San Francisco has a love affair with food and you will find a wide range of cuisines, pricing, and restaurant styles. After dinner, head to trendy **SoMa**, the "see and be seen" club scene, or head back to **North Beach** and take in **Beach Blanket Babylon**, the quirky, entertaining and riotously funny musical revue.

Conference headquarters will be the dramatic **Hyatt Regency San Francisco**, one of the city's most distinctive landmarks with its impressive 20-story garden atrium lobby and a view from every room. Located in the **Embarcadero Center**, the hotel is surrounded by a multitude of shops and restaurants and is within walking distance of many attractions. The California Street cable car line and Embarcadero BART station are steps from the lobby, giving you easy access to numerous points of interest in the area.

Plan to extend your stay and drive north for wine-tasting in the world famous **Napa** and **Sonoma Valley vineyards**, or south down the rugged California coast to **Monterey**, **Carmel** and **Big Sur** for spectacular ocean views. For more information about San Francisco and the surrounding areas, visit www.sfvisitor.org.



ALCATRAZ



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Registration Information

- ▶ **Registrations must include full tuition payment to be accepted. Registrations faxed without payment will not be processed.** Conference communications are sent via email. When registering please provide attendee's best email address as some emails are filtered and blocked. Since conference registration and hotel rooms are limited, early registration is advised.
- ▶ Out of consideration to registrants, children of any age and spouses may not attend the sessions.

▶ **Tuition** (U.S. Funds)

	Preconferences			Main Conference	
	A	B	C	Nurses, Residents** PA's, Others	MD/DO
Early Registration Fee* <i>(On/Before April 19)</i>	\$215	\$245	\$95	\$435	\$495
Regular Registration Fee <i>(After April 19)</i>	\$255	\$285	\$95	\$485	\$545

* Postmarked or phone/fax/online registration and fees received on/before **April 19**.

** Residents: To qualify, submit facility verification of status with registration.

Your tuition includes refreshment breaks, Certificate of Attendance, and Online CE Library access to presentation handouts before and after the conference.

▶ **Group Discounts** (*Mail, fax or call in together. Online registration is not available.*)

Tuition discounts are given to groups of 3 or more registering for the complete **Main Conference**. Discounts do not apply to the Preconference. To qualify for the group discount, all registration information must be complete for all group members, payment included and forms sent together. If faxing, list all group members on cover sheet. Subtract the discount from the tuition fee. Groups may not be formed after individual registrations are received.

\$25 per person discount for 3 or 4 in a group

\$45 per person discount for 5 or more in a group

▶ **Method of Tuition Payment**

Make payment by **check** (payable to **Contemporary Forums** and enclose with Registration Form), **Visa, MasterCard, Discover, American Express** or **Purchase Order**. A \$30 fee is charged for any returned check. Personal checks are NOT accepted at the conference. Purchase Orders must be received with registration by the conference date and include the P.O. number, invoice address, tuition, approval signature, contact name, email address and phone number.

▶ **Register Online, or by Phone, Fax or Mail** (*Payment is required to register.*)

Register only ONCE, online at www.ContemporaryForums.com, by mail or fax (800) 329-9923, or call (800) 377-7707, Monday-Friday, 8 a.m. - 5 p.m. (*Pacific Time*). **Before calling, complete all registration information.**

▶ **Tax Deductibility**

Expenses of training, tuition, travel, lodging and meals to maintain or improve professional skills may be **TAX DEDUCTIBLE**. Consult your tax advisor.

▶ **Partial Attendance** (*Online registration is not available.*)

Call Contemporary Forums for tuition and CE credit for individual days. **Group discounts do not apply. Registrations may not be shared.**

▶ **Cancellations**

Cancellations may be made by phone or in writing. Cancellations received on/before **April 19** receive a full tuition refund. Cancellations received after **April 19** are assessed a \$20 processing fee. No refunds for cancellations received after the conference begins or for "no shows." If this meeting is cancelled for any reason, including labor strikes or acts of God, liability is limited to a full refund of registration fees.

▶ **Program Changes**

Contemporary Forums reserves the right to make necessary changes in speakers, topics or schedule. The most current program can be found on our website.

▶ **Questions?** Contact Contemporary Forums at (800) 377-7707, Monday - Friday, 8 a.m. - 5 p.m. (*Pacific Time*) or email info@cforums.com.

♿ If you require special arrangements at this conference, call (800) 377-7707, at least 30 days prior to the conference.

EASY WAYS TO REGISTER



Online (Credit card only)
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www.ContemporaryForums.com



Fax (Credit card or Purchase Order)
(800) 329-9923
24 hours a day



Phone (Credit card only)
Monday - Friday
(800) 377-7707
8am - 5pm, Pacific Time



Mail - Attn: Registrar
Contemporary Forums
6377 Clark Avenue, Ste. 200
Dublin, CA 94568

Hotel Accommodations

- ▶ The conference will be held at the **Hyatt Regency San Francisco**, 5 Embarcadero Center, San Francisco, CA 94111. A limited block of rooms is being held for you and your guests at special group rates which will be in effect, based on room availability, from **May 29 to June 3** for those wishing to extend their stay to enjoy area activities or qualify for discount airfares.
- ▶ **Rates: \$199 single; \$219 double**
Rates are per room and subject to prevailing state and local taxes.
- ▶ To obtain the special group rates, **make your reservation early and before the "hotel room block release date" which is May 8.** Rooms may sell out before this date so be sure to make your reservation now. After the release date, rooms and group rates may no longer be available so call the hotel regarding availability.
- ▶ To reserve your room online, please visit our website at www.ContemporaryForums.com for details.
- ▶ For room reservations, call (888) 421-1442 and inform them that you are attending the **Contemporary Forums'** conference on **Adolescent Health Care.** Request a confirmation number and written confirmation of your reservation. Reservations must include a first night's deposit.
- ▶ Contact the hotel regarding cancellation policy. For arrivals after 3 p.m., call the hotel on the day of travel to reconfirm reservations.
- ▶ For additional hotel information, call the **Hyatt Regency San Francisco** at (415) 788-1234.



Travel Discounts



Contemporary Forums has a special discount agreement with United Airlines unavailable to the general public. To obtain these special conference fares call the Special Meeting Desk at (800) 521-4041, **Account Code 510CW.** Ticketing and payment can be done directly by you or through your travel agent. To ensure the best flights and times, since seats are limited, make your reservations early. Fares are guaranteed at the time of the ticket purchase.



Hertz is the official car rental agency for the conference. Special rates will be in effect throughout the conference as well as one week before and after. For special rates, call HERTZ at (800) 654-2240 and refer to Contemporary Forums plus the conference discount code **CV#03000259.**

CONTEMPORARY FORUMS 2012 CONFERENCE CALENDAR (Partial listing)

Contraceptive Technology

San Francisco, CA • March 7-10
Boston, MA • March 28-31

Psychiatric Nursing

Philadelphia, PA • April 18-21
Las Vegas, NV • May 16-19

Hot Topics In Primary Care

Jackson Hole, WY • July 29 - August 1

Office Gynecology

Snowmass, CO • August 5-8

Pharmacology for Advanced Practice Clinicians

San Francisco, CA • September 10-16
Washington, DC • October 18-14
Las Vegas, NV • November 5-11

Ambulatory OB/GYN Nursing

Boston, MA • September 27-29

Contraceptive Technology: Quest for Excellence

Atlanta, GA • November 1-3

For complete conference information, visit www.ContemporaryForums.com, call toll-free at (800) 377-7707 or email: info@cfforums.com.

Online CE Library

Earn CE Credit Online

Contemporary Forums Online CE Library is your on-demand resource for quality accredited healthcare continuing education. The Library contains over 1,300 topics featuring the most relevant and up-to-date education dedicated to a variety of clinical areas.

Online CE Library Group Access Programs:

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RAVE REVIEWS!

"Teens are interesting and challenging patients. This conference gave me a better understanding of them and strategies for positive interactions."

Terrie Flandermeyer, DO • Medford, WI

"This was my first Contemporary Forums' conference BUT will not be my last! The conference was so informative and interactive! I will definitely be back!"

Jacki Turner, MSN, RN, CPNP • Austin, TX

"Presenters at this adolescent conference were very experienced with teens and very passionate about the subject."

Norma Tejada, FNP-C • Pearland, TX



Please Post Prominently or Forward to a Colleague if Unable to Attend

Registration Form: Adolescent Health Care

Send this form with full payment (U.S. Funds) to:
 Contemporary Forums, Attn: Registrar, 6377 Clark Avenue, Suite 200, Dublin, CA 94568
 Fax (800) 329-9923, Phone (800) 377-7707, or visit www.ContemporaryForums.com

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REGISTER TO ATTEND:

- Preconference A:** Adolescent Sports Medicine (May 31 - all day)
- Preconference B:** Mental Health Issues (May 31 - all day)
- Preconference C:** NEXPLANON® (May 31 - afternoon)
- Main Conference** (June 1-2)

REGISTRATION INFORMATION (Please Print Clearly)

*Name, License/Degrees, Place of Employment, City, State appear on your badge.

*First Name Social Security # (Last 4 Digits)

*Last Name *License/Degrees

*Place of Employment

*City *State

*Attendee's E-mail For confirmation, receipt, access to presentation slides prior to conference, access to your Certificate of Attendance and Online CE Library. Please print clearly and provide your best email address as some emails are filtered and blocked.

Home Address

City State Zip

Daytime Phone(s)

CONCURRENT SESSIONS SELECTION (Saturday, June 2 - see page 8)

Assignments are made in the order received.

- | | |
|--|---|
| <p>Session #1 (8:00 a.m.)</p> <p>_____ 1st, _____ 2nd choice</p> <p>Session #3 (11:15 a.m.)</p> <p>_____ 1st, _____ 2nd choice</p> <p>Session #5 (3:15 p.m.)</p> <p>_____ 1st, _____ 2nd choice</p> | <p>Session #2 (9:45 a.m.)</p> <p>_____ 1st, _____ 2nd choice</p> <p>Session #4 (1:45 p.m.)</p> <p>_____ 1st, _____ 2nd choice</p> |
|--|---|

PROFESSIONAL PROFILE

Choose **ONE** category in each section that best applies to you. If you have multiple roles, select the one that occupies the majority of your time. Use "Other" only if none of the choices apply to you.

1. SPECIALTY

- Adolescent Medicine
- College Health
- Family Practice/Primary Care
- OB/GYN/Women's Health
- Nurse-Midwifery
- Pediatrics
- Psychiatry
- Psychology
- Public Health
- School Nurse
- Other: _____

3. CLINICAL SETTING

- Adolescent Care
- College Health Service
- Emergency Department
- Family/Group Practice
- HMO
- Hospital Inpatient
- Midwifery Practice
- Military Clinic/Hospital
- Multi-Specialty Group
- Pediatric Group Practice
- Pediatric Outpatient Clinic
- Physician Office
- Planned Parenthood
- Primary Care Clinic/Office
- Private Practice
- Public Health/Community Clinic
- Public or Private School
- Rural Health Clinic
- School-Based Clinic
- University/Academia
- Other: _____

2. PROFESSION

- CNM/NNM
- Educator/Instructor
- FNP/ANP
- MD/DO
- OB/GYN NP
- PA/PA-C
- PNP
- Psychologist
- RN/RNC
- Social Worker/MFCC
- Other: _____

Please share with your colleagues

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PAYMENT SUMMARY #072212

Early Fee Postmark Deadline: April 19

Main Conference Tuition (Attending) \$ _____

Group Discount (See page 10) - \$ _____
 (Registration forms must be sent in together)

Preconference A Tuition: + \$ _____

Adolescent Sports Medicine
OR

Preconference B Tuition: + \$ _____

Mental Health Issues
OR

Preconference C Tuition: NEXPLANON® + \$ _____

Roundtable Luncheon with the Faculty (\$55) + \$ _____

TOTAL PAYMENT ENCLOSED \$ _____

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